



# Week 9, Term 1 2024

## Important Dates

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Good Friday-Public  
Holiday  
Friday 29 March 2024

Easter Monday-  
Public Holiday  
Monday 1 April 2024

SAPSASA Athletics  
@ Renmark High  
Wednesday 3 April 2024

School Disco  
Friday 5 April 2024

Last Day Term 1,  
Assembly  
@11.30am,  
Dismissal 12.30pm  
Friday 12 April 2024

First day Term 2  
Monday 29 April 2024

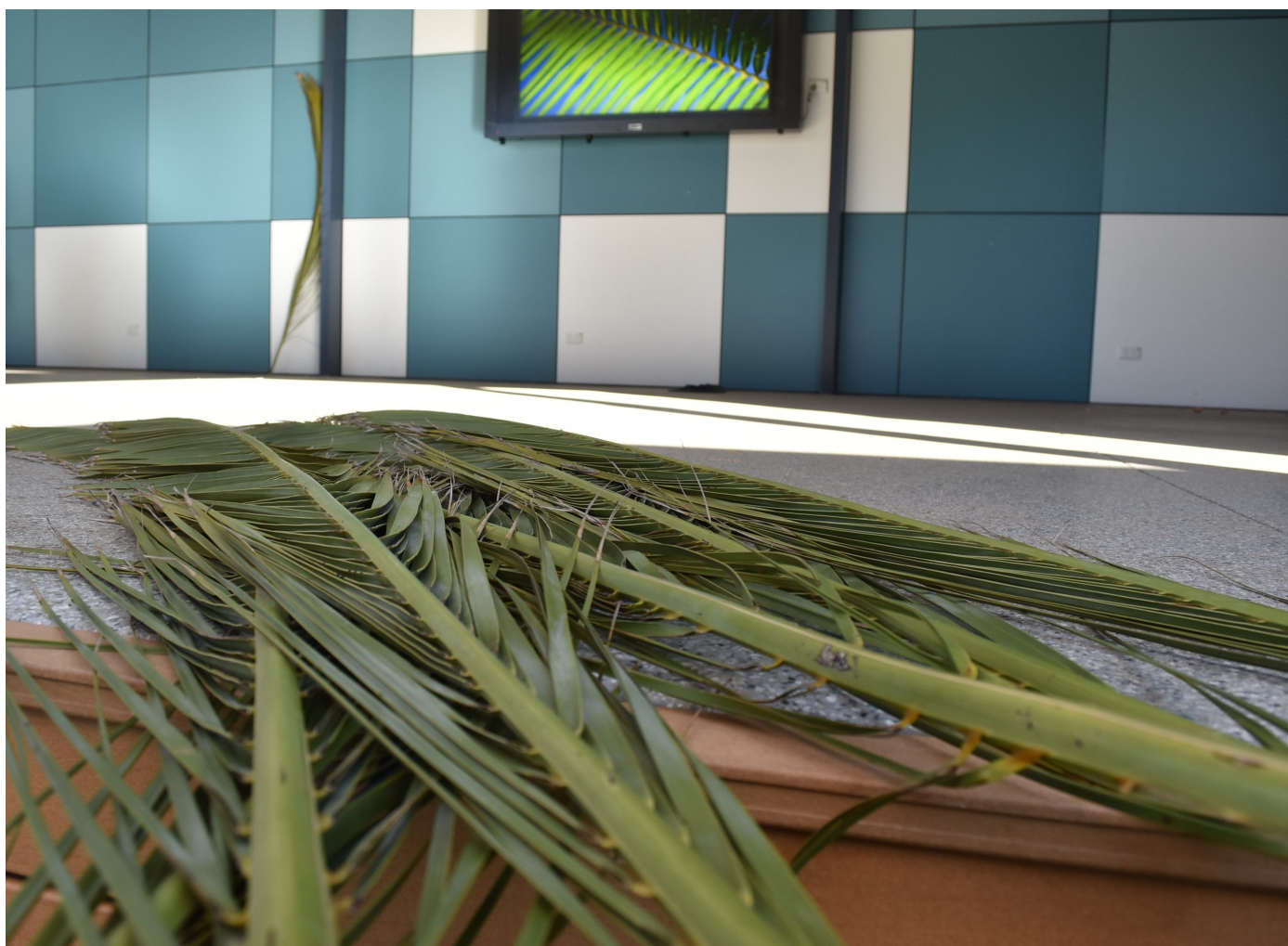
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## Acknowledgement of Country

We acknowledge that we meet today on Meru Country, and recognise the Ngawait people as the Traditional Custodians of this land. We recognise their continuing connection to the earth and waters, and thank them for protecting this land and its ecosystems since time immemorial. We pay our respects to Elders past, present, and emerging and extend that respect to all First Nation peoples present here today.



## Catholic Identity and Mission



*Hosanna! Blessed is he who comes in the name of the Lord.*

Mark 11:9-10

The crowds greeted Jesus' entry into Jerusalem with joyful enthusiasm. A few days later some of those people were undoubtedly part of the hate-filled crowd screaming "CRUCIFY HIM!" Peter, who promised Jesus that he would never betray him, does so just hours later. How can something so wonderful take such an ugly turn? How does that happen in our world, lives, and hearts? How can it get so bad so quickly?

It isn't easy to be a hero, or to stand alone. It isn't easy to do what's right when doing what's right isn't popular. It's easier to go along with the crowd. When they shout, "Hosanna", we shout "Hosanna!" When they scream, "Crucify him", we scream "Crucify him!" The history of the Church, from Jesus to the present moment, is filled with the witness of saints and martyrs who didn't accept the social and personal sins of their times as just "the ways things are" but instead followed the way of Jesus, even knowing it was the way of the cross. Sadly, many of us are too easily swept into the fear and hatred of the crowd, and willing to unleash our rage on the most convenient innocent victim.

Jesus, the Suffering Servant, who came to speak a word to the weary, who did not shield his face from spitting, who emptied himself, taking the form of a servant, who was obedient unto death—this is our Lord, who we are to follow no matter where he leads, no matter how difficult the path.

Perhaps we began this Lent with a firm commitment to pray more deeply, fast more faithfully, give alms more generously. But as the weeks went by prayer, fasting, and almsgiving became less appealing than arguing with one another about who among us is the greatest. Whose country is the greatest, whose politics, whose candidate, whose policies, whose ideologies.

There is still war. There are still refugees. There is still racism. The poor we still have with us. But because Jesus' name is above every other name, because we bend our knee before him and confess him as our Lord, we will carry the cross that has been given to us. We must never go along with the violent angry crowd. We are not abandoned or afraid.

“Hosanna! Blessed is he who comes in the name of the Lord!”



## From the Principal



As the temperatures start to cool, the grape harvest almost completed, we move further into autumn, it's a perfect time to reflect on the brilliant term we've had so far. Despite the challenges our farming families faced during this year's harvest, our school community has shown incredible resilience, dedication, and spirit. From engaging classroom activities to exciting extracurricular events, each day has been filled with learning, and growth. Let's celebrate our achievements and continue to support each other as we embark on the final weeks of this term.

This week we celebrated Holy Week, a time of profound significance in the Catholic faith. It marks the final week of Lent, leading us to the joyous celebration of Easter. This week students re-enacted the Stations of the Cross as a powerful way to engage in the story of Jesus' last days on earth.

St Joseph's Day was a vibrant celebration at our school, honouring our Patron Saint. It was a joy to see students, staff, and families come together to commemorate St Joseph's legacy of kindness, courage, humility, and hard work. The day was also an opportunity to embrace our cultural differences and promote harmony within our school. As someone who cherishes their Dutch heritage, I am always delighted to share a bit of my culture with everyone, including bringing out my clogs! It's moments like these that remind us of the

strength in unity and the beauty in embracing our individual traditions.

## School Board AGM

On March 18 we held the School Board's AGM. At this year's AGM, we bid farewell to our Board Chair, Tracey Ivanovic, who has served with dedication and commitment. We are incredibly grateful for Tracey's contributions to our school community and wish her all the best in her future endeavours.

We also thanked Tahnee Bannister and Kylie White for their commitment to School Board as they came to the end of their tenure.

It is with delight that we welcome Narelle Sarakinis and Matt Hodgson to our School Board. There is room for one more Board member. Please contact the front office if you are interested in joining the School Board.

## Let Your Light Shine Award

Our diocesan theme this year is 'Let your Light Shine'. To enliven the theme in our school we are introducing an end of term assembly award to acknowledge the people in our community who let their light shine.

Eligible recipients of this award can come from the school community, but also the wider Barmera community. Parents, students, staff, and community members are eligible to nominate and be nominated for this award.

Voting opens the last two weeks of each term. Votes will be tallied and the person with the most votes will receive the award, during the end of term assembly.

Voting slips will be available next to the voting box in the front office.

## Resilience

Children continue to need stable and supportive adults in their lives to teach them to cope with the ups and downs of everyday life and help them grow resilient. We build resilience in our children firstly by modelling it in our own lives instead of giving up or throwing our hands in the air when things get difficult. Secondly, we need to encourage some failure, the saying goes: 'He who never makes a mistake, never makes anything.' Making a mistake or not being the best is ok at times. Thirdly we need to make time and talk things through with our children. It is my experience as a mother that no matter how flat the pancake, it still has two sides. The story my child told me at home was very rarely accurate; she told me her version of events. If I was concerned about what she told me, I contacted her teacher or the school and asked for clarification, this way I wouldn't make unnecessary or incorrect assumptions about the situation, or other children involved.

The brain is wired in a way that it holds on to negative experiences much longer than positive experiences. A child can have a wonderful day filled with many positive experiences, yet one unkind moment fills and occupies their mind. When having a conversation with your child about their day at school it helps to get them to first tell you what was fantastic about it. You can then ask them about any bumps in the road they have encountered and what they did to move through them. Instead of emphasising what other children did to them, bring the focus back to your own child and ask them what skills they used to make friends that day or how they treated others. It may take some practice at first but having these conversations with your children not only provides them with an extensive problem-solving toolbox, it will also become apparent that, at times, your own children's actions can be on another child's mind.

As a principal it is my job to look at all children through kind eyes and see individual potential, and provide everyone with nurturing support and advocacy to ensure all children in our care are given the opportunities to grow and thrive.

## Project Compassion

Throughout the six weeks of Lent, students learned about the work of Project Compassion and how it has provided help to individuals and communities over the past 60 years. A display in the Office building shows student learning as they found 70 ways that our school has supported Caritas over the years.

The efforts and dedication of the community and supporters of Caritas Australia are truly commendable. Their unwavering commitment to help communities in need around the world has made a significant impact on countless lives. I would like to thank our school and parish community for your generous contributions to support the Year 5/6 class Minni Vinnies in raising funds for Caritas Australia through the Lenten Breakfasts.

## Chrism Mass and Diocesan Assembly

Last week I attended, together with Louise Stavrou, Fr Hau and Fr Emil, the Diocesan assembly. The Port Pirie Diocesan Assembly is a significant event within the Catholic Church in the diocese of Port Pirie (of which we are a part). It is a gathering of clergy, religious, and lay members of the Catholic community to discuss and address important issues facing the Church and the local community. It provides an opportunity for participants to come together, share ideas, and discern ways to strengthen and enrich the life of the Church in the region. The assembly is also a time for reflection on the mission of the Church and how it can best serve the needs of the faithful and the wider community. It is often seen as a time of renewal and recommitment to the teachings and values of the Catholic faith.

At the end of the assembly, the Chrism Mass is celebrated. The Port Pirie Diocesan Chrism Mass is a significant liturgical celebration within the Catholic Church. During the Chrism Mass, Bishop Karol, gathers with priests, deacons, and representatives of the faithful from across the diocese. The main symbols of the Chrism Mass are the oils that are blessed and consecrated for use in the sacraments throughout the year. Student leaders from our school joined other students in the diocese to attend this special mass.

## Learning Journey Interviews

Thank you to all the parents who attended the Learning Journey Interviews (formerly known as Parent-Teacher Interviews). Your presence and active participation in these meetings are important as they demonstrate your commitment to your child's education and success. At St Joseph's School Barmera, we firmly believe that effective communication and cooperation between home and school are vital to the holistic development of our students. Your insights, questions, and feedback play a crucial role in helping us provide the best possible support and learning environment for your child. If, for any reason, you were unable to attend the interviews, we encourage you to reach out to your child's teacher to schedule an alternative time.

## School Disco

Get ready to boogie down and groove to the beat at our 70's themed school disco, in honour of St Joseph's School Barmera's 70th birthday! All families and children are invited to an evening of funky fun as we turn back the clock and celebrate in retro style. DJ Sarez will be spinning everyone's favourite disco hits, guaranteeing to light up the dance floor. It's going to be a night to remember, so dust off your bell-bottoms, dig out your disco gear, and join us to boogie the night away!

## Easter Raffle Winners

Thankyou to everyone who participated in our Easter Fundraiser, be it through ordering some hot cross buns, purchasing raffle tickets or participating in our guess the eggs in the jar game.

A big congratulations to the following winners:

**Easter Raffle: 1st-** Bevan Rossack, **2nd-** Nat Westley, **3rd-**Angelique Sarakinis

**Egg guess: Gold-** Sasha Place and Kohbe White. **Bronze-** Sofia Ielasi and Stella Vallelonga.

Wishing everyone a very happy Easter break!

**Nanda de Winter**

# CAREGIVER CORNER

## When your child acts out

### Why do kids act out?

There are lots of different ways that kids act out. Some of them externalise, by acting aggressively towards others, refusing to do chores around the house, or making a scene. And some of them internalise – by thinking negatively about themselves, which leads them to engage in self-destructive actions like disengaging with school work, and giving up easily. When kids act in ways that are destructive, they are responding to their own difficult feelings. We can think of it as if their brain has been hijacked - their mind is reacting to something that they have found painful or confusing, and this reaction is dominating their focus. In these moments they won't be able to think clearly about what they are doing or the consequences of their actions

### How can I help my child change the way they behave?

The best thing we can do is set boundaries calmly while at the same time validating their emotions and letting them know that we see they are more than the actions they are exhibiting. We can say: "I can see you're struggling and I care about you and how you are. What you are doing is not ok and/or is hurting you – what can we do differently?" This helps them know that you are on their side and want to support them, and at the same time it gives them the opportunity to be accountable and make changes because they are not being shamed, they are being soothed.

### What if I get upset or angry by their behaviour?

It's incredibly challenging to remain calm when your child is acting out, because it will most likely trigger your own emotions as well. It may bring up feelings of sadness or shame if they are being cruel to you. It may bring up feelings of fear about whether or not they will ever change. And it may bring up feelings of anger that they are refusing to listen or are being inconsiderate. It's a huge challenge to deal with our own emotions as well as the emotions of others in intense situations, especially in close relationships because we care so much about the relationship and the way the other person sees us. There are some simple strategies listed below that can help you support your own emotions as well as your child's, that will help these interactions become less tense and easier to manage.

### Tips for when your child acts out

#### 1. TAKE A DEEP BREATH

Before you respond to any reaction your child is having, take a long deep breath. This will give you time to pause and remember how you want to react, and it will also soothe your nervous system so that it is easier to remain calm.

#### 2. FOCUS ON THEIR FEELING FIRST

Your child may not be aware of what they are feeling when they are in a reaction. If you can help them name their emotion and let them know that you understand and care about their experience, this will go a long way to helping them calm down.

#### 3. FOLLOW THROUGH WITH CONSEQUENCES

If you set consequences that are realistic and then follow through with them every time, this will help your child learn that you are serious when you tell them 'no'.

# St Joseph's and Harmony Day







## Holy Week



## YEL Excursion



## Chrism Mass



ST JOSEPH'S SCHOOL BARMERA



# 70's Disco

WHEN: 5TH APRIL 6.30-9PM

WHERE: ST JOSEPH'S BARMERA

DRESS: 70'S DISCO

GLOW STICKS: 3 FOR 50C

DJ SAREZ

FACE PAINTING BY RACHAEL

ALL WELCOME



# Let Your Light Shine

This year as our schools diocesan theme is: 'Let Your Light Shine' and we are introducing an End of Term Assembly Award to acknowledge the people in our community that 'Let their Light Shine'

At the end of each term this award will be given to someone in the school community or the wider community that has done something special, extraordinary or just showing us all their 'Light'.

This award is open for teachers, parents, staff and students. If you see someone in our Community showing their 'Light' in some positive way please come into the front office and add their name to the 'Let Your Light Shine' voting box.

The voting will be open for the last few weeks of each term, votes tallied and the person receiving the most votes will receive the award.

The voting slips will be next to the box, you will need to provide a name and also the reason why you have chosen this person for the 'Let Your Light Shine' award.

Thank you.





# Happy EASTER

WITH SUPPORT FROM ROTARY CLUB OF BERRI

YOU'RE INVITED  
5RM & MAGIC 93.1  
**FREE EASTER BREAKFAST**  
VAUGHAN TERRACE, BERRI  
EASTER SATURDAY 7AM TO 9AM

THANKS TO GLENVIEW POULTRY ROLLBUSCH QUALITY MEATS, NIPPY'S, BERRI HOTEL & COUNTRY BAKEHOUSE LOXTON



# LIVE ONLINE WORKSHOPS

BOTH OUR **EDUCATOR & PARENT** WORKSHOPS  
WILL BE RUN **LIVE ONLINE** IN TERMS 2, 3 & 4

**JOIN FROM ANYWHERE IN AUSTRALIA!**

## TERM 2 DATES

**Educator workshop:** Wednesday 22nd Thursday 23rd  
& Friday 24th May 9am - 10.45am

**Parent workshop:** Thursday 6th & 13th June 7-8.30pm

Secure your spot via our website [www.happyhealthykids.net.au](http://www.happyhealthykids.net.au)

*Please visit our website to ensure this workshop is right for you*

**100% of participants would recommend our workshop to other  
parents and educators!**



Have you renewed your membership and picked up your Liberty discount card?

The new Liberty Service Station in Barmera is now a major sponsor for the BMFC this year and have given us discount cards for members who are financial



## EASTER TRADING

FRIDAY 29th MARCH - CLOSED

SATURDAY 30th MARCH  
OPEN FROM 11:30am  
MEALS 12 - 2pm  
6 - 8pm

SUNDAY 31st MARCH  
OPEN FROM 9:30am  
MEALS 9:30 - 11am  
12 - 2pm  
6 - 8pm

MONDAY 1st APRIL - CLOSED

## SOCIAL MEMBERSHIPS

ADULT MEMBER \$15  
PENSIONER MEMBER \$10



## TRIAL MATCHES

B Grade + U18's		12:00pm
Roos Barmera Monash FC	vs	Bombers Brown's Hill FC
A Grade		2:30pm
Roos Barmera Monash FC	vs	Imperials Imperial FC (MMAra)

Saturday 23rd March at the Barmera Oval

*A great day of footy and fun for the whole family!*

- Games for all ages before and after A Grade
- Meet the Coaches
- Roo Bar and Barbeque open
- Ice Cream Van
- Lamb or Chicken Spit & Salad Dinner
- Face Painting
- Dinner tunes by Jarrod Kilby with DJ Nages after dark

**FREE ENTRY!**

A Wellbeing Committee Initiative

# MEMBERS DRAW

## \$1950

Wednesday 20/3/24

### EVERY WEDNESDAY & FRIDAY NIGHT

**DRAWN @ 7:30pm**

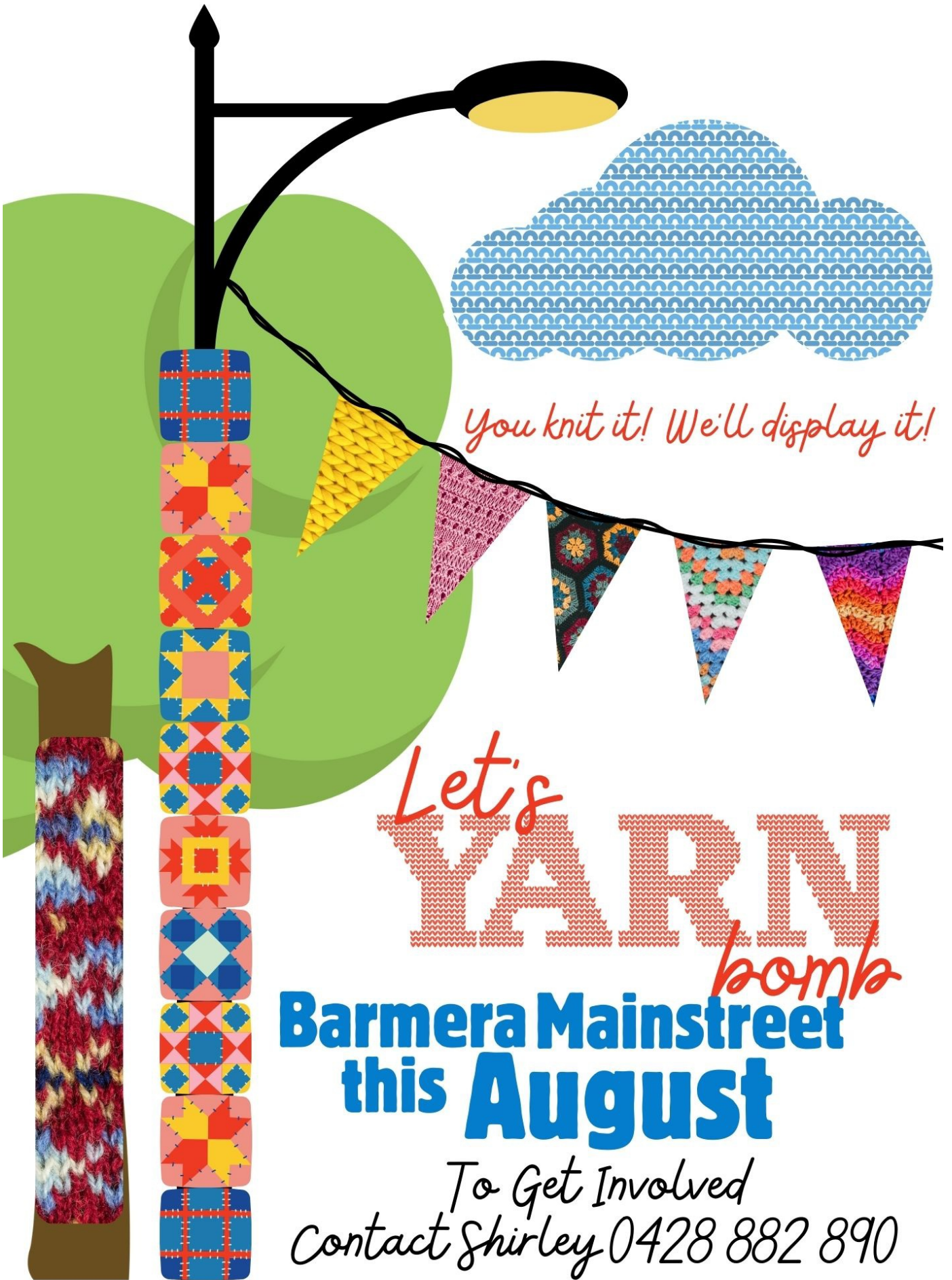
**MEMBERS MUST BE FINANCIAL and PRESENT at time of draw**

**BM NEWSLETTER**



Barmera Club

Made with PosterMyWall.com



*You knit it! We'll display it!*

*Let's*  
**YARN**  
*bomb*

**Barmera Mainstreet  
this August**

*To Get Involved  
Contact Shirley 0428 882 890*





Let's  
**YARN**  
bomb

Join us in the Barmera  
Library on Wednesday  
mornings from 10am  
for a yarn!

## Get Involved

*we need your help to yarn bomb the main street of  
Barmera during the month of August 2024  
This event will support the Barmera Theatre Art &  
Craft Gallery SALA Exhibition*

### *Donate and Participate*

Drop off any wool to  
Barmera Theatre Galley or Barmera Library

Any knitting or crocheting will be acceptable  
Long scarves of knitting will be used to wrap trees, poles and seating

Creative Knitting of flowers, animals, insects, people, butterflies etc  
Would be great too!

### *You knit it! We'll display it!*

Drop in your knitted pieces to  
Barmera Library or Barmera Theatre Gallery any time  
All pieces to be dropped off  
by **Friday July 12 2024**

Any questions contact Shirley 0428 882 890

# 3 Stage Print Making Workshop with Shirley Lord

No experience necessary, just a desire to have fun with printmaking process

Cost: **\$40**

for all three sessions (max 12 participants)

Sessions to start at **1pm** and will run for 2 hours

Over 3 sessions participants will create a collagraph block then print it

Session 1 - Block Creation

**Sunday March 17 at Barmera Guide Hall**

Session 2 - Printing with Ink/Paint

**Sunday March 24 at Barmera Guide Hall**

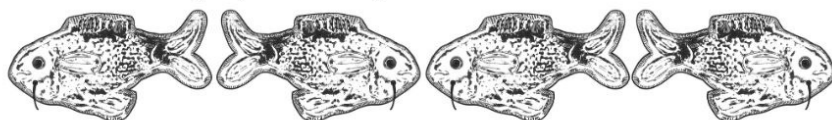
Session 3 - Printing with Ink Press

**Sunday April 14 at Berri Regional College**

**Contact Shirley on 0428 882 890**

for bookings and payment

Images to be themed around local events  
Images produced maybe used on a Berri Barmera Street Banner



Proudly supported by the Berri Barmera Council,  
Carp Frenzy and Barmera Theatre Art and Craft Gallery



**Berri Barmera**  
COUNCIL

# DANCE WORKSHOP

X

## KIRA MADER



**Saturday 23rd March**

Rosie Clark Dance Studio



**Bookings essential**

**Email:** [info@rosieclarkdance.com.au](mailto:info@rosieclarkdance.com.au)

### ***HIP - HOP CLASS***

Beginner/Intermediate level

**6 - 8 yrs** : 12pm - 12:45pm    \$15

**9 - 13yrs** : 12:45pm - 1:45pm    \$18

### ***COMMERCIAL DANCE CLASS***

Intermediate level

**14+ yrs**

1:45pm - 3pm

**\$20**

\*Cash payment on the day\*

\*Must have min 5. people per class to run\*

EASTER LONG WEEKEND | MARCH & APRIL 2024

11AM - 5PM DAILY | SEMAPHORE BEACH & FORESHORE

SATURDAY 30 MARCH | SUNDAY 31 MARCH | MONDAY 1 APRIL

THE ADELAIDE INTERNATIONAL

# Kite Festival 2024



SPECIAL GUEST  
EASTER BUNNY  
ON SUNDAY & MONDAY



CITY OF  
**Port Adelaide Enfield**  
MAJOR SPONSOR



**TJ Amusements**  
PLATINUM SPONSOR



**BCK NORTH** **Kites2KITES**  
GOLD SPONSORS



**K MARIE EVENTS**  
EVENT MANAGEMENT



**MGS** **Beyond Bank** **ADBRI Cement**  
SILVER SPONSORS



**MELBA'S** **Jasmine Rae**  
SUPPLIERS



# Receive up to \$500 from ANZ for your 2025 back to school costs

**Achieve a savings goal for 10 months and ANZ will match it up to \$500. You need to:**

- Be 18 years or older
- Have a current Health Care Card or Pensioner Concession Card
- Have a child in school, starting school next year, or be studying yourself
- Get a regular income (can be you or your partner)
- Agree to join in free online financial education workshops

Terms and conditions apply.



saverplus  
saverplus.org.au