



# Week 5, Term 1 2024

## Important Dates

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**NAPLAN Practice**  
Tuesday 27 February 2024

**SANFL Football  
Clinic**  
Wednesday 6 March 2024

**International  
Women's Day**  
Friday 8 March 2024

**Whole School  
Assembly @ 9am**  
Friday 8 March 2024

**Adelaide Cup-  
Public Holiday**  
Sunday 10 March 2024

**Learning Journey  
Interviews 12th and  
13th March**  
Tuesday 12 March 2024

**7 Little Wonders  
Performance @  
Chaffey Theatre**  
Wednesday 13 March 2024

**NAPLAN 2024  
Begins**  
Wednesday 13 March 2024

**St Joseph's Day**  
Tuesday 19 March 2024

**Chrism Mass**  
Wednesday 20 March 2024

**Harmony Day**  
Thursday 21 March 2024

**Holy Week**  
Monday 25 March 2024

**Good Friday-Public  
Holiday**  
Friday 29 March 2024

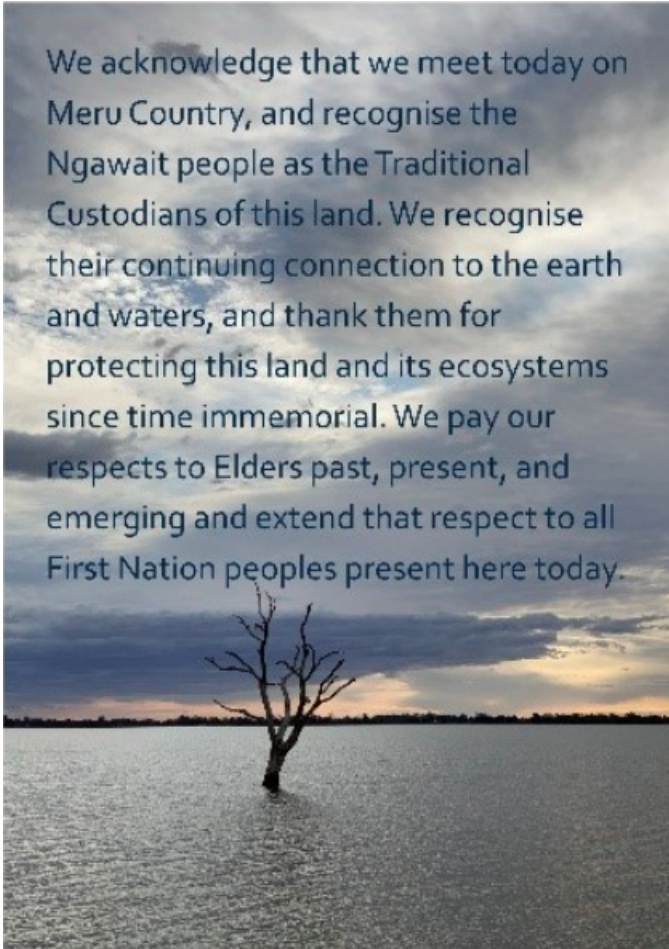
Easter Monday-  
Public Holiday  
Monday 1 April 2024

Last Day Term 1,  
Assembly  
@11.30am,  
Dismissal 12.30pm  
Friday 12 April 2024

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## Acknowledgement of Country

We acknowledge that we meet today on Meru Country, and recognise the Ngawait people as the Traditional Custodians of this land. We recognise their continuing connection to the earth and waters, and thank them for protecting this land and its ecosystems since time immemorial. We pay our respects to Elders past, present, and emerging and extend that respect to all First Nation peoples present here today.



## Religious Identity and Mission



As we journey through our daily lives, it's easy to become absorbed in our own world, focusing solely on our immediate concerns and challenges. We may inadvertently lose sight of the bigger picture, forgetting that we are part of a larger community and a broader world.

In Sunday's gospel, Jesus invites his friends to join him on a mountain, away from the busyness of daily life. There, in a moment of prayer, Jesus is transfigured, his face shining brightly, and his clothes dazzling white. This extraordinary event must have been both awe-inspiring and unsettling for those present.

Peter's response, "Lord, it is wonderful for us to be here," reflects the sense of wonder and privilege they felt in that moment. But the words they heard, "This is my Son, the beloved, he enjoys my favour, listen to him," are a message for us as well. In our noisy and often chaotic world, filled with constant news and information, it can be challenging to hear the voice of Jesus.

Yet, the message of Jesus is one of hope, love, and transformation. His words have the power to nourish our souls and transform our lives if we are open to receiving them. Jesus offers us a glimpse of his glory, reminding us that our lives have meaning and purpose beyond our daily routines.

While we may not experience the dramatic transfiguration that Peter, James, and John witnessed, God breaks into our world in small, meaningful ways every day. Moments of peace, joy, reconciliation, and kindness are all signs of God's presence among us. When we reach out to others in love and compassion, we participate in the ongoing transfiguration of our world.

This week, let us open our hearts to hear the voice of Jesus speaking to us. Let us slow down and look for those moments of grace and transformation in our everyday lives. May we be mindful of our interconnectedness with others and with God, recognising that each act of kindness and love is a moment of transfiguration both for ourselves and for those around us.

### **Shrove Tuesday**





Ash Wednesday



## From the Principal



As we reach the midpoint of term 1, I am reminded of the incredible journey that education is, not just for our students but for all of us in the St Joseph's School Barmera community. This week holds a particularly special significance for me as a parent, as my daughter embarks on a new chapter, starting university. It's a poignant moment, filled with pride and nostalgia, as I reflect on the formative years she spent here at SJSB. Her journey, like those of so many of our students past and present, is a testament to the virtues and education instilled in her during her time here. I am reminded of the profound impact our school community has on each and every one of our



students, preparing them not just for academic success but for life beyond these walls.

I am privileged to witness the magic that happens within our school each day, and I am grateful for the opportunity to be part of such a vibrant and nurturing community.

## Project Compassion

Project Compassion 2024 shares the stories of resilient and inspiring individuals whose lives and futures have been impacted by the ongoing support of Caritas and its supporters. At SJSB we encourage our students to discover the power of giving and the impact that their contribution can have in the lives of others. When we lend a hand to someone in need, we will go on to help others and make better opportunities for future generations.

Caritas Australia calls us to support Project Compassion under the theme 'For All Future Generations', which is an expression of hope, and reminds us that the good that we do today will extend and impact the lives of generations to come. It invites us to make the world a better place by working together and finding long-term solutions to global issues. One of the ways we fundraise for Project Compassion is through Lenten Breakfasts. On Wednesdays during Lent, students and their families are invited to join the school and parish for a cooked breakfast from 8:15am.

## Classroom Pulse Check In

As in past years, each term during week 5 and 6 every student in a Catholic School in South Australia will participate in a simple online Classroom Pulse Check-In. This Check-In has been developed to gauge how students are currently feeling about their experience in school. It is tailored to allow your child's teacher(s) to Check-In and provide immediate feedback and support to them.

I am conscious that life in school has its' ups and downs, but I am also confident that your child's teachers want to understand how they are feeling so they can support you and your child in meeting any social, emotional, or learning needs that they may have.

To enable this, your child's teacher and I will have access to their responses to facilitate follow up and support as required.

There are a range of simple questions about your child's life at school, their identity as a person and a learner, their sense of belonging, safety, and friendships. A sample of the Check-In can be found here [Catholic Education South Australia | Wellbeing Initiative \(cesa.catholic.edu.au\)](https://cesa.catholic.edu.au)

In addition to supporting your child, de-identified data from all participating schools will be used by Catholic Education SA to identify trends to assist in future planning for the support of the learning and wellbeing for students across South Australia.

Catholic Education SA believes that our role is to help every child to be a thriving person, capable learner and a leader for the world God desires. We believe this Check-In will play an important part in supporting that goal and your child. Please do not hesitate to contact me if you require any further clarification.

## Uniform Update

St Joseph's School Barmera will be introducing a new all-season uniform, to be rolled out from Term 2 of this year. This new uniform has been designed to be worn all year round, providing greater convenience and affordability for families, especially during these times of rising living costs.

The new all-season uniform will significantly reduce the number of uniform items required, simplifying the uniform process for all families. It is designed to be durable and comfortable, meeting the needs of our students throughout the year.

To ensure a smooth transition, we have implemented a two-year changeover timeline. This means that if your child's current uniform still fits and is in good condition, it can continue to be worn until January 2026, (providing it is worn correctly).

We believe that the new uniform will not only benefit families financially but also enhance the sense of unity and identity within our school community. Stay tuned for more information and images of the new uniform over the coming weeks.

## InitialLit in years R-2

InitialLit is an evidence-based whole-class literacy program which we are currently rolling out in the early years, providing all children in years R-2 with the essential core knowledge and strong foundations to become successful readers and writers. InitialLit is a three-year program, covering the first three years of school.

The program incorporates daily lessons in reading and spelling, as well as rich language instruction using children's literature.

## Open Parachute

At SJSB all classes are engaging weekly with the Open Parachute wellbeing program. The Open Parachute wellbeing program is designed to promote social and emotional development in students. Open Parachute uses clinically validated, research based psychological skill building exercises to boost resilience, self-awareness, and social responsibility in young people, and increase their connection and systems of support. This program aims to build a strong foundation of resilience so that your child can learn to trust in their own abilities, relate to their own feelings in a healthy way, and change any unhelpful patterns that may hold them back at any point in their lives.

Information about the program was sent to families via seesaw. This information included a QR code to scan allowing access to free parent/carer resources.

## Kiss and Drop

The Kiss and Drop has been designed to allow all families a quick drop off and pick up point of children in the mornings and afternoons. It is important that drop off and pick up happens in a safe manner. Recently, it has come to my attention that more students are accessing their family car from the roadside, requiring them to walk between cars onto the road. At SJSB student safety is our highest priority. I ask that if you use the Kiss and Drop your children access the car only from the footpath side. Thank you for helping to keep our school a safe place for everyone.

**Nanda de Winter**

**Principal**





# St Joseph's School Barmera ENROLMENTS OPEN NOW!

Little Joey  
School  
Ready  
Transition  
Program



85886100



# Little Joey's OCCASIONAL CARE MONDAYS AND THURSDAYS 8:50-11:30AM

Unlock a world of knowledge  
and endless opportunities for  
your little ones!



## Book Now!

to receive a FREE Little Joey Welcome Pack



For More Information  
**8588 6100**

*Supporting all families in the Riverland*

Wellbeing



# CAREGIVER CORNER

## Empathy and Accountability

### What is Empathy? Why is it important?

Empathy is the ability to understand and share the feelings of another person.

When other people act in ways that are unkind, most kids think it's their fault. This means they internalise negative interactions and can develop low self-esteem as a result, which can lead to acting out, holding themselves back, or being swayed easily by peer pressure. If children can learn to take a perspective of empathy, they realise: When other people act in ways that are hurtful or aggressive it means THEY are struggling and has nothing to do with ME. This way of thinking builds self-esteem, and it also helps children become more accountable for their own actions

### Tips for boosting your child's empathy and accountability.

#### 1. TEACH THEM TO BE OBJECTIVE

Help them understand that our actions always come from our own emotions – and are never anyone else's fault. You can use real life examples and self-reflections from your own family to help with this learning. You can say things like: "When you are hurting, you lash out, when I am hurting, I panic, when your sibling is hurting, they cry". Keep pointing out this link so they understand that they can never be responsible for anyone else's actions, and that they are always responsible for their own.

#### 2. SEPARATE THEIR ACTIONS FROM WHO THEY ARE

When children are acting out or being unkind, their minds are overwhelmed and defensive, so it is very difficult to reason or rationalise with them. Give them space to calm down or encourage them to do a self-soothing activity, and then come back and talk about what happened calmly and compassionately. You can say: "I know you are a kind person, and I know you don't mean to treat me that way. What can we do to help you make different choices?" This is role modelling empathy, which teaches them to respond the same way to others.

#### 3. HELP THEM SEE THE LINK BETWEEN HOW THEY ARE ACTING< THINKING AND REACTING

You can draw it as a diagram for them - write their thought at the top of a page (eg "I'm not good enough") then an arrow to show how the thought causes them to feel a certain way (eg. sad), and then another arrow to show them how that thought and feeling cause them to act a certain way (eg. lash out at their sibling). Doing a similar diagram for yourself and other people in the family also helps to normalize this experience and remind your child that there is nothing wrong with them for having these reactions. This takes the shame out of the situation, which makes it much easier for them to become self-aware and make changes.

#### 4. HELP THEM REFLECT ON THE ACTIONS OF THEIR PEERS

Once they are used to seeing their own actions and those of their family as simply a response to one's own thoughts and feelings, it's easier for them to reflect on where actions come from in others. When someone in their peer group or class is unkind, you can ask them "what could they have been thinking and feeling that made them act that way?" This perspective serves as a buffer to protect them from being impacted by negative interactions with their peers.



# Shrove Tuesday





# Ash Wednesday





# Lenten Breakfast





# Leadership Mass 2024





# Open Morning







# BARMERA IS TURNING





Donations (minimum gold coin) are invited for the breakfast and all proceeds will go towards Project Compassion.

**The menu (planned by students) is:**

**Week 4 Wednesday 21st February: French Toast**

*Imogen, Breanna, Mia, Chloe*

**Week 5 Wednesday 28th February: Scrambled Eggs and Toast**

*Hayley, Stella, Ava, Helayna*

**Week 6 Wednesday 6th March: Bacon and Egg Muffins**

*Dilshaan, Dylan, Josh, Jimmy*

**Week 7 Wednesday 13th March: Pancakes**

*Logan.W, Tyler, Xavier*

**Week 8 Wednesday 20th March: Bacon and Egg Cups**

*Lainie, Grace, Zoe, Ryder*

**Week 9 Wednesday 27th March: Bacon and Eggs**

*Jackson, Seth, Jordan, Logan.S*

Thank you for supporting your child in making the Lenten Breakfast a successful event this year.





# Give life. Give blood in Riverland.

**Berri Town Hall**  
12 March to 13 March



Tuesday 12 March  
Wednesday 13 March

1.30 pm – 6 pm  
9.30 am – 6 pm

 **give blood**



**COME AND TRY**  
**SOCCER**  
**MEET THE COACHES + REGO**  
**AT BARMERA UNITED SOCCER CLUB**  
**WEDNESDAY MARCH 20TH 4:30PM**  
All Ages welcome U6 - Seniors





# 2024 SEASON TRIALS INFORMATION

*Barmera Recreation Centre, James Terrace*

**Sunday 18th & Sunday 25th February**

**Sunday 3rd March**

11:45pm - 12:45pm - 11U (2013,2014)

12:45pm - 1:45pm - 13U (2011, 2012)

1:45pm - 2:45pm - 15U (2009, 2010)

2:45pm - 3:45pm - 17U (2007, 2008)

3:45pm - 5:00pm - A1 / A2

5:00pm - 6pm - B & C Grade

**All players trialing  
must attend at least  
two trials to  
support selection.**

Apologies or questions to:  
[barmeranetballclub@gmail.com](mailto:barmeranetballclub@gmail.com)



Register to trial via Play HQ.  
Link in Instagram Bio and on facebook



FOLLOW US



**@barmeranetballclub**



## REGISTER YOUR INTEREST for netsetgo for 2024

**The program will begin in Term 2 with a link to register and pay fees coming later:**

**Net - Born 2019  
Set - Born 2017, 2018  
Go - Born 2015, 2016\***

*\*Our Go participants will also have the opportunity to be involved in some games against other Riverland towns throughout the season. More details to come closer to the program commencing.*



Please register your interest for netsetgo on Play HQ via the link provided.



**@barmeranetballclub**

**✉ barmeranetballclub@gmail.com**





PLAY

FOR  
the  
KICKS



come  
find your  
awesome

## BARMERA-MONASH

Barmera Oval

Fridays at 4.30pm. Starts May 3



[play.afl/auskick](http://play.afl/auskick)





PLAY

FOR  
the  
KICKS



come  
find your  
awesome

**BERRI**

Berri Oval

Fridays at 4.30pm. Start May 3



[play.afl/auskick](http://play.afl/auskick)





# RIVER FRINGE 2024

16 FEB - 16 MAR FRINGETIX

## VILLAGE FAMILY FUN DAY

**SATURDAY**  
**9th March**  
**12pm-4pm**

**FREE**

Dance, Circus sessions,  
Face-painting, Demonstrations  
& other fun activities....

**MAD HATTERS  
FIT-TO-FLY CIRCUS**



Spinning plates, flying cats,  
and a somersaulting Alice!  
Come & see Fit-to-Fly Circus  
Arts perform at the Mad  
Hatter's Tea Party. A high tea  
you don't want to miss!

**CONNECT - CREATE  
& THRIVE**



Bringing performers and  
audiences together through  
interactive & immersive fun  
for all, creating good vibes,  
through the use of music,  
image & movement.



Book your special Village entry  
tickets via the QR Code  
or follow this link:  
<https://adelaidefringe.com.au/fringetix/river-fringe-family-fun-of2024>





**2024 TRIALS**

**Cobby Netball Court**

**Wednesdays**

**14/02 | 21/02 | 28/02**

**5:30pm - 6:30pm Juniors born 2007 - 2015**

**6:30pm Seniors**

Please register at PlayHQ using this link:

<https://www.playhq.com/netball->

[australia/register/84cbb0](https://www.playhq.com/netball-australia/register/84cbb0)

or searching for Cobdogla Netball Club





**Net Set GO!**

**Thursdays**

*Commencing 2 May 2024*

**3:45 - 4:15pm Afternoon Tea**

**(fruit donated by Woolworths Berri)**

**4:15 - 5:00pm NetSetGo session**

**Cost**

**Who can participate?**

5 - 10 year olds, girls and boys, no previous experience required

\$100 per participant

(includes participant pack - redeemed through NetSetGo shop)

Sports Vouchers accepted

**Registration Link**

<https://www.playhq.com/netball-australia/register/cfcf17>

*For more info contact the club - cobbynetball@outlook.com*



# **FREE** Dental for Children!

**Did you know eligible children (0 to 17 years of age) can receive up to \$1095 of basic children's dental services over two consecutive years at no out of pocket expense to parents!**

Regular dental check-ups are very important to your child's future smile, health and well-being.

If you haven't scheduled a dental check-up recently, for you and your children, be sure to give us a call today!

At Berri Dental, we are passionate about helping your family grow a bright and healthy smile, assisting you in developing and maintaining positive oral health habits.

Call us today on **(08) 8582 1944** to schedule your next appointment!



7 Ahern Street, Berri SA 5343  
(08) 8582 1944  
admin@berridentist.com.au  
[www.berridentist.com.au](http://www.berridentist.com.au)





# Kids' Pizza Making Class

With Chef Vincenzo  
From Italian Cuisine Made with Love

**BOOK NOW**



Thursday, 18 April 2024  
11:00am - 1:00pm



Berri Visitor Information Centre  
24 Riverview Drive Berri



All welcome, bookings essential  
To book call 08 8582 5511



\$ 10  
Per Person



**Berri Barmera**  
COUNCIL



# Community Art Workshop

## Paint and Create Poppy's for Anzac Day

With Lyn Anstey

FREE



Saturday 20 April

11:00am - 1:00pm

Berri Visitor Information Centre

24 Riverview Drive Berri

Bookings Essential

To book please call 08 8582 5511

Please join artist Lyn Anstey in our exclusive workshop where you can paint and create poppy pictures in memory of our ANZACS.

Artwork will contribute to the Berri Visitor Centre ANZAC window display.

**Berri Barmera**  
COUNCIL



